

# Select Health Share Program at the Nebo School District Health & Wellness Center

**Thank you for choosing the Nebo School District Health & Wellness Center to complete your physical for the Select Health Share Program!**

**Please review the following visit guidelines.**

- Before your visit:
  - Access your Select Health Account to learn what tests/programs are required for you
  - Schedule your visit according to your testing needs:
    - Schedule at a time you can come fasting
    - If you require a cervical cancer screening, please book a Physical Exam, Well Woman
    - All other physical exams can be scheduled under Physical Exam, Annual
- Please Note:
  - If a second visit is required because you're not fasting, etc., you will be responsible for submitting those test results to Select Health
  - If you've had a colonoscopy or mammogram completed before you were enrolled on a Nebo School District Select Health Plan, please manually report that result through Select Health



**Schedule your appointment  
on the My Premise Health app or online  
at [mypremisehealth.com](https://mypremisehealth.com).**

#### **Who can use these services?**

The Health Center is available to all employees and their eligible dependents ages 2 and up on the Select Health medical plan.



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