



NEBO SCHOOL DISTRICT
Community School
Coordinator – Everett Kelepolo
801-354-7418 Fall 2021

THE FOLLOWING PROGRAMS ARE OPEN TO NEBO SCHOOL DISTRICT RESIDENTS

SPRINGVILLE COMMUNITY SCHOOL

Springville High School
1205 East 900 South
Springville, Utah 84663

How to register on-line

Go to our website: www.nebo.edu
Click on: Departments
Click on: Community School
Click on: A City - Register - Pay online

FOR ANY REGISTRATION QUESTIONS CALL MARGARET RAINE 801 354 7418

Nebo School District Community School Coordinator is Everett Kelepolo 801-354-7417 or
ADA Coordinator for Facility Access is David Gneiting 801-354-7440.

We look forward to another opportunity to begin Community School in Nebo School District.

NEBO SCHOOL DISTRICT NOTICE OF NONDISCRIMINATION

It is the policy of Nebo School District that no person shall be based on race, religion, sex, color, national origin, age, disability, or any other classification protected by law, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal assistance. Equal opportunity is a priority of Nebo School District.

REFUND POLICY

There is a \$5.00 processing fee on all refunds, except for those classes that do not carry. Upon request, a full refund (minus the \$5.00 processing fee) will be given during the first week. For classes that have limited enrollment, no refund will be given unless your spot can be filled. There will be no refunds after the first week of class.

NEW COMMUNITY SCHOOL CLASSES

The goal of the Community School Program is to meet the needs and interests of the people in the community. If you have an idea for a class or activity, call the Nebo School District/Community School Office at 354-7418

CLASS OR ACTIVITY	DAY	DATE	TIME	FEE	LOCATION
Aerobics, Jazzercise	Tu/Thurs	On-Going	6:00-7:00am	\$3 per class	G Wing
Dance, Ballet (ages 3-4)	Thursday	Sept 16	5:30-5:55pm	\$50 7wks	G Wing
Dance, Ballet (ages 3-4)	Thursday	Sept 16	6:00-6:25pm	\$50 7wks	G Wing
Dance, Ballet (ages 5-8)	Thursday	Sept 16	6:30-7:15pm	\$55 7wks	G Wing
Gymnastics 6-11	Monday	Oct 11	4:00-5:30pm	\$65 8wks	SHS Indoor track
Gymnastics 3-5	Monday	Oct 11	5:30-6:30pm	\$55 8wks	SHS Indoor track
Pottery, Beginning	Tuesday	Sept 14	6:00-9:00pm	\$150 12wks	C-15
Pottery, Int/Adv	Wednesday	Sept 15	6:00-9:00pm	\$175 12wks	C-15
Quilting - Attic Window	Wednesday	Oct 13	6:00-9:00pm	\$30 2wks	C-13
Spin Class	Tu/Thurs	On-Going	8:00-9:00pm	\$2 per class	Indoor track
Write-Stories of your Life	Thursday	Sept 16	6:30-8:00pm	\$45 5wks	C-30

All classes need a minimum number of students to justify the costs of carrying them.

Class or Activity Descriptions

Aerobic/Jazzercise: (ages 16 and up)

A powerful, fun, effective workout that will lift your spirits and strengthen your heart, muscles, and core. You'll get a healthy dose of cardio, strength, and stretch moves and finish up feeling energized. Nancy Jaspersen is a certified "Jazzercise instructor. Walk-ins are welcome \$3 per class or \$20 per month (pay at class). Register for this class the last week of each month. No classes on Holiday.

Class dates: On-Going Time: 6-7am G Wing

Dance-Ballet: (ages 3 to 4, & 5 to 8)

This ballet class will focus on learning the basics of ballet and move on to simple combinations. A great class for beginning dancers. The instructor for this 6-week class is Nicole Jeffs. Nicole has a degree in Dance Education from BYU and has been dancing for over 25 years. Limited enrollment – 3-4 limit 8 to 10 students per class, 5-8 limit 12 to 15 students per class.

Class dates: Sept.16, 23, 30 Oct.7, NO CLASS 14th, 21,28 Nov. 4 Time: (ages 3-4) 5:30-5:55pm & 6-6:25pm (ages 5-8) 6:30-7:15pm SHS Dance Room G-Wing

Gymnastics: (ages Kindergarten to 12) _____

Teaching the basics of gymnastics for the beginner, these classes hope to develop children's body awareness and control, improve their mental concentration and strengthen their muscles which will help in other sports and activities. Susan Hawks is the teacher for this 8-week course. Classes limited 6-11 age 36 students, 3-5 age 25 students.

Class Dates: Oct.11, 18, 25 Nov. 1, 8, 15, 22, 29 Times: 4:30-5:30pm, 5:30-6:30pm SHS Indoor track

Pottery, Beginning: (ages 18 and up)

This 12-week course is designed for beginners and intermediate students. The class will include wedging clay, throwing a bowl form, trimming, and glazing. Intermediate students will throw an altered form, a closed-form, and/or throwing a large platter. Enrollment is limited to 16 students. The instructor for this class is Mario Gonzales.

Class Dates: Sept. 14, 21, 28 Oct. 5, 12, 19, 26 Nov. 2, 9, 16, 23, 30 Time: 6-9pm SHS Rm # C-15

Pottery, Intermediate/Advanced: (ages 18 and up)

Want to develop your style while learning to create larger items? This 12-week course is designed for those with some previous experience in pottery. Basic knowledge of pottery (beginning class) is suggested. Be prepared to build upon existing skills by learning to throw larger and more complex forms. Enrollment is limited to 16 students. Mario Gonzales will be the instructor for this class.

**Class Dates: Sept.15, 22, 29 Oct. 6, 13, 20, 27 Nov.3, 10, 17 (holiday 24th) Dec.1, 8 Time: 6-9pm
SHS Rm # C-15**

Attic Windows (ages 18 and up)

The Attic Windows quilt is a traditional favorite for wall hangings as well as small throw quilts, especially holiday-themed quilts. Using the right colors you'll get a spectacular 3-D effect with easy sewing techniques. Create a wall hanging or a striking centerpiece for a larger quilt. Basic sewing skills are all you need to make a beautiful quilt! Supplies: Basic quilting supplies, scissors, thread, pins, rotary cutter, etc. (bobbins will be provided) Some cutting pads and rulers are available at the school. If you have your own you like, bring them. Limit 10-12

Class Dates: Oct. 13, 20 Time: 6-9pm SHS Rm # C-13

Spin Class

Spin class is a 45-minute indoor cycling class on stationary bikes twice a week. Spinning boosts calorie burn by 40% and is great for all fitness levels. Don't forget a water bottle and towel. Pay at class. Limit 15 students per class. Walk-ins welcome \$2 per class.

Classes: Tuesdays & Thursdays Times: 8-9pm SHS Indoor Track

Write the Stories of Your Life (ages 18 and up)

Need a little help writing the stories of your life? Need an easy way to start or continue your life history projects? Local writer, columnist, teacher, and newspaper correspondent Debbie Balzotti teaches an enjoyable class that will include both instruction and writing time. Class size is limited to provide every participant with personal coaching and editing. Each Student will need to bring a thumb drive and notebook/pen. Min. 4

Class Dates Sept. 16, 23, 30 Oct. 7 NO CLASS 14th, 21 TIME: 6:30-8pm SHS Rm# C-30